

# ***GVCC Stage Race***

***September 20 – 21, 2008***

***Women, B4 men, A men***

## ***Stage 1: Oatka Creek Time Trial. Saturday, September 20<sup>th</sup>***

Approx 7 mile TT out and back along Oatka Creek Trail

First rider off at 9am.

Riders at 30 second intervals

## ***Stage 2: Frost Ridge Road Race. Saturday, September 20<sup>th</sup>***

To follow TT. Approx 1 hour after last TT rider finishes (11am?)

A's to race approx. 60 miles (11 laps)

B's to race approx. 50 miles (9 laps)

Women to race approx. 40 miles (7 laps)

## ***Stage 3: Fishers Criterium Sunday, September 21<sup>st</sup>***

Women – 35 minutes + 5. Start at 10am

B's – to follow women      Race No. 1: 28 lap snowball points race

Sprints on laps, 4-8-12-16-20-24 & 28

Race No. 2 – 32 lap miss and out

Sprints on laps 4-8-12-16-20-24 & 28

Remaining riders scratch sprint on lap 32

A's – to follow B's      Race No. 1: 32 lap snowball points race

Sprints on laps, 4-8-12-16-20-24-28 & 32

Race No. 2 – 36 lap miss and out

Sprints on laps 4-8-12-16-20-24-28 & 32

Remaining riders scratch sprint on lap 36

Total points accumulated determine final Criterium placing

Points awarded as follows:    TT – 40, 38, 36, 34, 32, etc.

RR & Crit – 60, 57, 54, 51, 48, etc.

Tie breaker: 1. number of stages raced

2. number of victories, followed by higher placing (2nds, 3rds, 4ths etc)

Overall Stage Race GC awarded G-Tour points as follows: 20, 18, 16, 14, 12, 10, 8, 6, 4, 2

Participants may enter any one stage or combinations thereof.

GVCC members pay \$10 to enter

Guest riders to pay \$15

Merchandise to be awarded to top 5 each stage and top 5 overall.

Any and all questions or concerns should be addressed to me:

Jonathan Howard - [jhowar4@rochester.rr.com](mailto:jhowar4@rochester.rr.com)

**Details concerning registration will be posted on the GVCC site. Please check back.**